



# Developing a Basic Discipleship Plan

*Underground Ensemble*

Every microchurch is responsible to develop the next generation of disciples. While there are many different methods and philosophies for disciple making, at its heart discipleship is one person investing in another. In order to leave a legacy that outlives you, you must make disciples. Here are some guidelines that can be helpful when designing a basic discipleship plan that fits your people.

A Basic Discipleship Plan comes in three types:

1. **Spiritual Formation:** the inner life of identity, Bible reading and prayer.
2. **Missional Engagement:** the exterior life of public faith, testimony, justice and witness
3. **Accountable Life:** the internal Lordship of Jesus made external through confession, sacrifice and holiness

There are 5 parts to developing your own Basic Discipleship Plan.

- *Identify your Values*
- *Share these Values*
- *Apply these Values*
- *Decide Platform*
- *Define time*

## *Identify Values*

Imagine you have a new believer (or a believer who recently decided to take Jesus seriously) in your microchurch. You want to help them grow deeply as a disciple but unfortunately, they will be moving soon. What are the discipleship essentials you will pass on? Another question to ask yourself is, "what would you mourn if they did not know/value?"

**List 20 values, then narrow it to 10, and finally narrow it to 5.**

*You can have more than 5 but this shows priority.*

Investigate your values, do you touch on these three categories?

1. Spiritual formation
2. Missional engagement
3. Accountable life

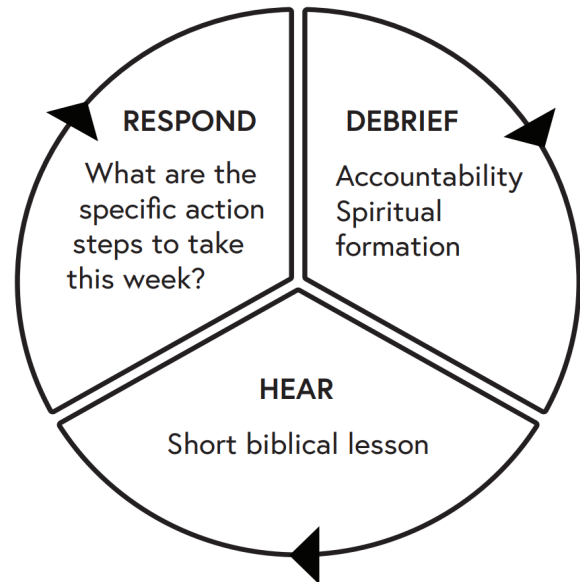
### **Share these Values**

How do you communicate the values?

*Examples can be the "hear response debrief cycle," a weekly teaching, modelling.*

Here's an example of a cyclical approach:

First a person hears something from Jesus, then responds through action then returns for a time of debrief. From the place of debrief there is another opportunity to hear from Jesus and the cycle begins again. This cycle might take place over week(s) or on the same day or both!



### **Apply these Values**

What tools or methods can you give them? How do you take your value and convert that into something concrete?

*Example: "We value Bible study" application could look liking teaching the OIA study technique, giving space to concretely pray the Lord's prayer*

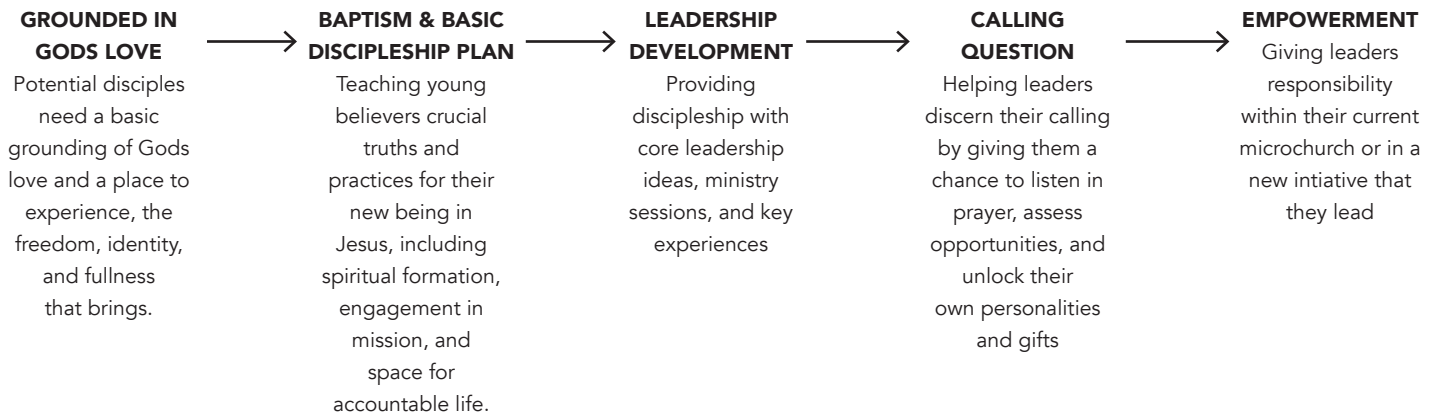
### **Decide Platform**

How will you deliver the values? What's the setting? You might choose to outsource this step to an Underground conference, seminar, prayer room so don't think you have to generate every platform yourself.

*Examples: Class, small group setting, book study, one-on-one meetings*

For example, look at the discipleship journey on the next page and the corresponding events and programs to help people take their next steps. What platforms can you develop and outsource to help people take steps in their journey?

# Discipleship Journey



## Define time

How long will your basic discipleship plan take to walk through? How often will you meet in that time period? Even though our entire lives are defined as being disciples, our BDP's shouldn't last forever. Have a definite beginning and know when it ends.